



Hawkesbury Family Centre
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www.groupeaction.ca



Facebook



May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>We are excited to announce that the Family Centre is moving. There will be no programming from April 29th to May 3rd, inclusively, except for the "Off To School We Go" program. We look forward to welcoming you to our new location on Monday, May 6th, at 250 Main E, Suite 115 (Shopping Centre).</p>		<p>1 12h30-14h30 En route vers l'école Nouvel Horizon</p>	<p>2 12:30-2:30 Off To School We Go Pleasant Corners Public School</p>	<p>Fundraiser Loonie Toonie Saturday May 11th 2024, 8:00 am – 2:00 pm Asselin Your Independent Grocer Hawkesbury.Come help support the Family Centre </p>
<p>6 9:00-11:00 am Learn Through Play Literacy Day 12:30 to 2:30 pm Off To School We Go Community</p>	<p>7 9:00-11:00 am Learn Through Play National Child and Youth Mental Health Day PedaYoga 12h30-14h30 En route vers l'école Paul VI</p>	<p>8 9:00-11:00 am Learn Through Play Science and construction 12h30-14h30 En route vers l'école Nouvel Horizon</p>	<p>9 9:00-11:00 am Learn Through Play 24 months and under Sensory fun Watch me grow 12:30 to 2:30 pm Off To School We Go Pleasant Corners Public School</p>	<p>10 9:00-11:00 am Learn Through Play Loose parts Mother's Day </p>
<p>13 9:00-11:00 am Learn Through Play 1,2,3 Let's count! Centre Novas 12:30 to 2:30 pm Off To School We Go Community</p>	<p>14 9:00-11:00 am Learn Through Play Active kids club 12h30-14h30 En route vers l'école Paul VI</p>	<p>15 9:00-11:00 am Learn Through Play Healthy snack 12h30-14h30 En route vers l'école Nouvel Horizon</p>	<p>16 9:00-11:00 am Learn Through Play 24 months and under Watch me grow Baby Massage 12:30 to 2:30 pm Off To School We Go Pleasant Corners Public School</p>	<p>17 9:00-11:00 am Learn Through Play My backpack</p>
<p>20 The Family Centre will be closed for Victoria Day</p>	<p>21 9:00-11:00 am Learn Through Play PedaYoga Developmental screening clinic By appointment only 12h30-14h30 En route vers l'école Paul VI</p>	<p>22 9:00-11:00 am Learn Through Play Make and take 12h30-14h30 En route vers l'école Nouvel Horizon</p>	<p>23 9:00-11:00 am Learn Through Play 24 months and under Watch me grow Baby Massage 12:30 to 2:30 pm Off To School We Go Pleasant Corners Public School</p>	<p>24 9:00-11:00 am Learn Through Play House Committee All are welcome</p>
<p>27 9:00-11:00 am Learn Through Play Singing birds 12:30 to 2:30 pm Off To School We Go Community</p>	<p>28 9:00-11:00 am Learn Through Play Having fun with science 12h30-14h30 En route vers l'école Paul VI</p>	<p>29 9:00-11:00 am Learn Through Play Reading & recipes 12h30-14h30 En route vers l'école Nouvel Horizon</p>	<p>30 9:00-11:00 am Learn Through Play 24 months and under Watch me grow Health snack 12:30-2:30 Off To School We Go Pleasant Corners Public School</p>	<p>31 9:00-11:00 am Learn Through Play Crazy kitchen</p>

May 2024



1,2,3 Let's count!

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.

Active kids club

A parent-child workshop to prioritize physical activity.

Crazy kitchen

A new way to discover how our kitchen tools can be used to create different games.

Having fun with science

A workshop that allows children to learn new scientific experiences while nourishing their natural curiosity.

Healthy snack A workshop offered by an educator that includes an activity and a healthy snack. It will be followed by a discussion with parents on how to help children become better eaters.

House committee

Meeting to exchange ideas and suggestions to improve the services offered to families.

Infant massage

Five sessions of infant massage promoting healthy touching and communication between parent and child. Relaxation techniques will help soothe your baby and stimulate calmness for both of you. This workshop is given by a certified educator.

Learn through play and Learn through play – 24 months and under

Come and have fun with your children while promoting their physical, social, emotional, cognitive and language development. A great opportunity to exchange with other parents and socialize with people from your community.

Literacy day

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy.

Loose Parts

Loose parts are materials that can be moved, carried, combined, redesigned, lined up, taken apart and put back together in multiple ways.

Make and take

This children's workshop will let them create a special craft to bring home.

My backpack

Families will choose a backpack which includes activities that stimulate your child's literacy skills, imagination, and creativity.

Off to school we go

This animation workshop offers continuing support for young children entering kindergarten in creating a partnership between families, school and community. The objective of this workshop is to facilitate the transition to school.

PedaYoga

PedaYoga is a method of body techniques designed to promote movement and the concentration of children.

Reading & recipes

Storytelling followed by a recipe.

Sensory fun

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

Science and construction

Discover a variety of materials and explore what we can do with them.

Singing birds

This animation workshop exposes children to different songs that stimulate the five aspects of child development.

Watch me grow

This service helps families track their young child's growth and development. It's a developmental screening, assessment, referral, and education service for families of young children from birth up to the age of 6 years old.

<https://eohu.ca/en/classes-clinics/watch-me-grow>

Workshop

May 13th from 9:00 to 11:00 am: Centre Novas "SECRETS" (French): Prevention of sexual abuse among our children is necessary to keep them safe. Get informed, ask questions. A counsellor from the Centre Novas, is present to help you learn how to talk about this with your kids 0 to 6 years old. (body parts, bad touches, secrets, self-esteem, etc.)"